



Are you and your kids stretched to the limit?

Are you wondering how to “break in” to relationships with other families and spiritual community?

Do you long for the familiar habit of church, without fights and stress on Sunday morning?

We’ve seen the shift... Sports, work, sleep, social anxiety, unfamiliarity, far from family—weekends are not the sanctuary they used to be. Kids still need loving faith community, time and space for meditation, music and praise, but the Sunday school model isn’t cutting it for parents or kids. What do ministry makers do when culture changes? We change our ministries, looking to the character and integrity of our faith tradition for great ideas.

So, inspired by a service first introduced in the 1700s, United Parish will be replacing Sunday School/Young Hearts service with Agapé (Uh-ga-pay) meal. Picture this: on your way home from work, you pick up the kids from home or after-school programs and stop by the church, where you will get to worship, eat dinner, and enjoy a kids activity and adult conversation. If you get an interesting conversation going, you can stick around—the church is active with meetings and choir rehearsals until 9pm. If you have some homework to finish, you can leave after an hour and not miss a thing.

Note: we are starting once-a-month, but with active participation and support we hope to grow. Please help us by registering [\(here\)](#) so we can set plenty of places at our table.

Third Tuesday of each month, starting 9/18, 6pm-7pm

- For families wanting to start relationships with the worship community
- For active disciples, who benefit from spiritual care (and food!) during the week
- For folks who are considering church, and want to start with relationships